Discover George Town with Metro Bike

Ride with us and see George Town the way it is meant to be

With a cool breeze through your hair, you will cruise around George Town experiencing not only magnificent heritage sites, but also the journey between, where the bustling streets will awaken all of your senses.

Your two-wheel adventure will take you down the road of history and surprise you around every corner with the living culture that makes George Town a UNESCO World Heritage

Join Metro Bike's licensed heritage guides for an exciting ride through the streets of George Town!



8:00am - 11:30am (~ 3.5hours)

Time ·

Dates :	Tues, Thurs, Sat, Sun & Public Holidays (Pre-booking arrangement needed - Min. 2 p
Meeting Location:	Tg. City Marina @ Pengkalan Weld (Beside Jetty Bus Terminal)
Choices of Bike Tour Packages:	Inclusive of Bible Rent, P. A. Insurance, Food*, Safety Jaid-Safety hiered, Mineral Water & Licender Our Guide 1 1)*Ali-D-One Bikd, Trishaw Tour Package, George To Heritage Sites (5 sites) + Traditional Trades (1-2 loc Famous Hawker Food Stalls (2-3 loc) 2) Hentinge Bikd, Trishaw Tour Package, UMESCO Geo Town Heritage Sites - 1(5 Heritage Sites) 3) Fleebible Bikd, Trishaw Tour Package, UMESCO Geo Arts & Galleries, Traditional Trades, Wet Market, Heritage Sites - (10, Heritage Sites) Note: Package Price & Itinerary details - Please refer to separate sheet.

^{*}For TICKETING, kindly contact local travel agencies, hotel receptions or contact Metro Bike Hotline: 019-409 4663 or email to support@metrobike.com.mv

Experience Penang Famous Hawker Food



38, Lebuh Queen

Songkok Maker

(Mon-Sat: 11am - 8pm)

76, Cintra Street, Penang (Daily: 12pm - 7pm)

Enjoy Penang Arts &

Galleries

(Mon-Sat: 11am - 9pm)

Charming Traditional

Trades

lower Garland Weaver

ily: 6:30am - 10:00pm)

Wooden Signboard Engraver

(Mon-Sat: 10am-6:30am)

Poh Piah Skin Maker

G1 Simon Tan Art Studio -37, Armenian Street (11am-6pm)

G2 Galeri Seni Mutiara -118, Armenian Street (11am-6pm)

G5 Gallery 29 -29, China Street (10am-6pm)

9am -Spm; Off -Sun)

G3 88, Armenian Street Arts & Galleries (Mon-Sat 12pm-6pm)

G4 Alpha Utara Gallery - 83, China Street (10am -6pm; off-Mon)

G6 Penang State Art Gallery - Grd Fr, Dewan Sri Pinang, Lebuh Light.

67 Equator Academy Of Fine Art - 7, Leith Street. (Mon-Fri 9/30am-5:30pm)

No.5, Jalan Chowrasta (Daily: 8am - 11:30am)

alan Kapitan Keling



This popular rice poodle dish is cooked in clear soup and topped with slices of chicken/ duck meat & fish balls and garnished with garlic bits. fried pork fat and scallions.



Fried Koay Teow Fried Koay Teow is probably the most popular hawker food among the locals. The rice noodles are fried in an iron cast wok over very high heat.

Tandoori chicken gets its name from the

also used to make naan, or Indian flatbread.

bell-shaped tandoor clay oven which is



Koay Teow Sup

This is a popular local dessert where a bowl of finely shaved ice is topped with red beans, syrup (made of palm sugar or gula Melaka), coconut milk and soft, green starchy noodle (called the "chendol").



It is Penang's signature dish. It is noodles in fish broth garnished with a lot of vegetables. It is spicy hot & sour because of the large quantity of tamarind used



The chicken rice sold in Penang is usually served over a bed of sliced cucumber, sprinkled with chopped spring onion and drenched in oily soy sauce.



A rolled rice noodles are served with a mixture of chili sauce, shrimp paste, red sweet sauce and sprinkled with roasted sesame seeds.



This is another local favorite dessert which is made of shaved ice with different colored sugar syrup, palm sugar syrup, sweet red bean, sweet corn, grass jelly and palm fruit ("attap chee")



There are various choices of Roti Canal pastry-like flat bread) to be added with banana. margarine, cheese, eggs, onion, sardine fish & etc.

It is made up of egg noodles and rice noodles in a coconut-milk based curry soup and served with bean sprouts, bean puffs, prawns, cockles, cubes of coagulated pig's blood, cuttlefish, mint leaves. chili paste, and sometimes eggs and chicken meat

Fascinating George Town Heritage Sites



Khoo Kongsi









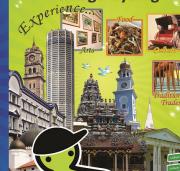




Kapitan Keling Mosque Goddess of Mercy Pinang Peranakan Mansion



PENANG George Town Heritage Cycling



To discover George Town is to discover its streets. And what better way than by bicycle!

BIKE TOURS BIKE RENTALS

^{*}Shuttle services from hotels can be arranged.

Discover George Tow' more thoroughly than exploring by fool amore intimately than touring by bus A better way to explore touring by bus A better way to explore by 2 wheels

How big is George Town? Can I walk the heritage trail?

areas outside the official UNESCO boundary line.

The heritage zone is bigger than you might think and takes at least a full day of walking. Why not ride a bike instead? A bike will also give you the opportunity to explore the heritage ______

Is biking safe in George Town?

Yes! Our licensed heritage guides lead your group on a weekend morning when traffic is less, following marked bicycle routes and pedestrian crossings. And for that extra peace of mind, we provide you with a helmet, a reflective vest, and PA insurance coverage

RENTAL

._.._.. Want to ride at your own pace? You can rent a bike rent for only RM25/day from one of our two convenient locations at:

- 1. Tanjung City Marina @ Pengkalan Weld (Beside Jetty Bus
- 2. Komtar Walk @ Jalan Dr. Lim Chwee Leong









Legend









- H1. Chew Jetty/ Clan Jetty H2. Cheah Kongsi
- H3. Hock Teik Cheng Sin Temple H4, Khoo Kongsi
- H5. Masiid Melayu Lebuh Acheh H6. Penang Islamic Musuem

H10. Teochew Temple

- H7. Dr. Sun Yat Sen's Penang Base H8. Yap Kongsi Temple H9. Nagore Shrine
 - - H18. Cheong Fatt Tze H19. Fastern & Oriental Hotel

- H11. Sri Maha mariamman Temple
- H12. Little India H13. Kapitan Keling Mosque
- H14. Goddess of Mercy Temple H15, Pinang Peranakan Mansion
- H16. St Georges Church H17. Church of Assumption
- H20. Town Hall

- F1. Tandori Chicken
- F2. Koay Teow Sup F3. Fried Koay Teow
- F4. Penang Chendol Desert (Halal) F5, Penang Laksa (Halal) F6. Chicken Rice

F10. Curry Noodle

F7. Penang Chee Cheong Fun F8. Ais Kacang Desert (Halal)

F9. Roti Canai (Halal)

T1. Nyonya Beaded Shoemaker

- T2 Jose Stick Maker T3. Flower Garland Weaver
- T4. Indian Goldsmith G4. Alpha Utara Gallery T5. Wooden Signboard Engraver G5. Gallery 29 T6. Songkok Maker G6. Penang State Art Gallery
- T7. Poh Piah Skin Maker T8. You Char Koay

G7. Equator Academy Of

Fine Art

- G1. Simon Tan Art Studio G2 Galeri Seni Mutiara G3. StudioHoward **FRSY GREEN TRAVEL**
 - Metro Bike (PG0249105) HO: 49. Tingkat Mayang Pasir

11900 Bayan Lepas, Penang, Malaysia Hotline: 019-409 4663 Fax: (604) - 229 6434 http://www.metrobike.com.my Email:support@metrobike.com.my

Tourists / Residents of Penang



Looking for a green way to experience George Town? Immerse yourself in the living culture when you bike with an expert guide showing you the best parts of the city and giving you all the insider tips for your

trin. After the tour, the bike is yours for the rest of the day so you can continue your ride through the charming streets. trying something delicious at every corner!

Youth groups/ School trips



You think our local history is boring? We challenge you to escape the routine of school and join us for a classroom on two wheels. Fun and educational. our bike tour explores the

streets and sites of George Town. It's a great exercise for the brain and the body. Also, a perfect trip for photography clubs to practice their skills!



Need a break from the confines of the office? Our bike tours of the UNESCO World Heritage site encourage team spirit among your staff, while they learn about the historical and multi-cultural importance of George Town, A

memorable way to promote your corporate green initiatives!











Metro Bike Center # 1 - Komtar Walk Jln. Dr. Lim Chwee Leong.10100 George Town Penang

Metro Bike Center# 2 (Tour) - Tg, City Marina (Beside Jetty Bus Terminal) 8A Pengkalan Weld, 10300 George Town, Penang,